2024 Retreat Schedule

		Morni						Afternoon	n											Evening					
	7:30 8:00 8:30	9:00 9:30	10:00	10:30 11:00	11:30	12:00 12:	0 1:00	1:30	2:00 2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	8:00	8	:30 9:00	9:30	10:00	10:30 11:00
Mon 7/29	Travel to UPJ					12:00-3:00 Retreat Check-In (Student Union)				3:00-3 Welco (Camb		ome Scavenger Hi		5:30-6:3 unt Dinner (Student Uni irst Year		5:30-6:30 Dinner (Student Union	Activity		6:45-8:15 tivity Sessi lle Assigned Cla			8:30-9:45 Basketball & Dodgeball Tournaments Indoor track and Yoga (Veilmas Canic Grain) Other Activities (Cambro)		9:45-10:15 Wrap Up and Back to dorms	10:30 In Dorm 11:00 Quiet Time
Tue 7/30	7:30-8:45 Broakfast (Student Union)	Breakfast Morning Warm-Up		Session Activity	15-11:45 Session 2 gned Classroom)	12:00-1:00 Lunch (Student Union)	1:00- YAB Youth & St		Activity Sessi		3:30-5 Large GroupY (Cambr			5:15-6:15 Dinner (Student Union)		Peer Grou	30-7:30 oup Session 3 Grae Classroom Free time			8:00-9:30 Dance (Cambia) Photo Booth (ocidade Cambia) Game Room (The Zone) Other Activities (Upstans Cale in Student Un		ion)	9:45-10:15 Wrap Up and back to dorms	10:30 In Dorm 11:00 Quiet Time	
Wed 7/31	7:30-8:45 Broakfast (Sludent Union)	Breakfast Morning Warm-Up		9:45-11:15 Group Session 4 peus groups Assigned Classroom) Session 5 (Biddie Assigned Classroom)		12:00-1:00 Lunch (Student Union)	Diversity Session		n Activity Ses (Bidde Assigned C		sion 4 C		4:15-5:30 Dider Youth anency Ses (Cambria)	er Youth ncy Session		5:30-5:30 Dinner Ak (Bidd		6:45-8:00 Activity Session 5 Biddle Assgred Classroom)		Volleyball Indoor Tra (Wellness Other		5-9:30 Tournament Ick and Yoga Canter Gym) Activities Imbria)	9:30-10:00 Wrap Up and back to dorms		10:15 In Dorm 11:00 Juliot Time
Thu 8/1	7:30-8:45 Broakfast (Sludent Union)	9:00-9:30 Morning Warm-Up (Cambria)	9:30-10:00 Peer Group Session 6 Field Game Prop (Bidde Classroom)	Games		:45-12:45 Lunch 12:30-130 Activity Prop (Bida Assigned Lunch 12:30-130 Starf Training (Cantria)		Fina	1:45-2:15 al Peer Group Session 7 (Cambra)		2:30-3:45 Activity Presentation (Cambris)		4:00-5:30 Keynote Presentation (Cambra)		Pic	-6:30	6:30-7:00 Free Time 7:00-8:30 & Talent Show Prep				Wrap Up and	9:15 In Dorm 10:00 Quiet Time			
Fri 8/2	Breakfast Closing (Student Union) ()	30-9:30 Clean Do g Ceremony Turn off li	-10:30 rm Rooms, ights, Close idows	10:30-11:00 Dorm Check-out and Departure Thanks for a great week!!!																					