

Older Youth Retreat Safety Procedures

○ **Emergency Situation**

Use your discretion to identify who you should call first!

- Call 911 if you or someone else needs emergency assistance; Campus Police will be notified by 911

○ **First Aid Kit Locations**

- Male and Female Dorm Rooms Main Sitting Area
- Main Desk outside Cambria Room
- Resource Center Staff have first aid kits

○ **Search procedures for missing youth**

1. Agency staff person tries to call or text missing youth
2. Agency staff person contacts other youth in their agency to see if they know where youth is
3. Dorm check of room (goal to have youth tell staff person if they are visiting a friend's room)
4. Contact Cindy Gore, Meghan O'Hare, or Lisa Kessler to do dorm check if during the day. For dorm check at night, contact night monitor.
5. If youth is not located contact Campus Police. Lisa Kessler can provide picture of missing youth for campus police.

Be Aware of the Following Signs!

● **Stay Hydrated!**

- The following can occur in hot weather!
 - ✓ Heat exhaustion
 - Signs and Symptoms:
 - Cool and moist skin
 - Heavy sweating
 - Dilated pupils

- Headache
- Nausea
- Dizziness
- Vomiting
- Body temperature at or near normal
- ✓ Heatstroke
 - Signs and Symptoms:
 - High body temperature
 - Red, hot, dry skin
 - Progressive loss of consciousness
 - Rapid, weak pulse
 - Rapid, shallow breathing
- ✓ Sunburn
 - Be sure to apply sunscreen. Sunburn can occur in a very short period of time.

UPJ Campus Safety Tips

- **Safety Tips Around Campus**
 - Program your phone's speed dial to include Campus Police - **814-269-7222**
 - Avoid isolated places.
 - At night, stay in well-lit areas and use routes that are more heavily traveled.
 - Report suspicious persons to Campus Police.
 - Walk in groups to and from events, buildings, and parking lots.
- **Fire Safety Tips**
 - If you suspect a fire, pull the nearest fire alarm box in the corridor or near an exit door.
 - **When you hear the building's emergency alarm, evacuate the building immediately.**